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| **MRN Number:** |  | **Department of Clinical Haematology** |
| **NHS Number:**  |  | **Administration Floor Level 2** |
| **Our Ref:**Female Patient |  | **Cancer and Haematology Centre** |
|  |  |  **Churchill Hospital** |
|  | **Old Road** |
| Dr  | **Headington** |
|  | **Oxford** |
|  | **OX3 7LE** |
|  |  **Tel :** | **01865 226512 or 07500765461** |
|  | **Office Hours:** | **8am to 4pm Mon to Fri** |
|  | **Email:** | **postallograftbmt@ouh.nhs.uk** |
|  | **Website:** | [**www.ouh.nhs.uk**](http://www.ouh.nhs.uk) |
|  | **Emergency out of hours:** | **Ward 01865 235049** |

 Date

Dear Dr

**Re: *Patient details***

This is to inform you that ***patient name*** has been discharged from regular follow-ups with the Oxford BMT Clinic following allogeneic bone marrow transplant. The transplant was performed on ***date***

She has made a good recovery from her transplant and has now moved into the late effects monitoring phase of her treatment which can be performed more locally to her. Transplant recipients require long term follow up due to their increased risk of cardiovascular disease and secondary cancers.

We would be grateful if you could assist with monitoring and we would suggest;

* Yearly FBC, U&E and LFT monitoring
* Check thyroid function in presence of symptoms or TSH once a year
* 3 yearly diabetes screening, (if >45yrs) or 2 yearly in any age group if they have been treated with steroids, had total body irradiation (TBI\*) or is hypertensive
* Annual blood pressure
* 2 yearly lipid screening
* Commencement on bowel screening programme when invited
* Commence on mammogram screening programme when invited
* cervical smear as per national screening programme ,
* Assessment of need for HRT
* bone heath and osteoporosis monitoring

We have also advised her to maintain annual eye examinations and dental check-ups.

Additionally, we have provided information regarding skin safety and monitoring her skin and oral cavity for any changes. We advise patients to contact the surgery for a review if they notice any skin changes particularly in any moles they have.

Please do not hesitate to contact us if you require any additional information.

Yours sincerely,

On behalf of the Haematology Team