

# OPTIMAL 12 Month Follow-up Form 11

Page 1 of 3

Patient Initials

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Date of Birth

d	d	-	m	m	-	y	y	y	y
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Site Number

0		
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Trial Number

0		
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**To be completed at 12 months from trial randomisation date**

**11.1 DATE OF FOLLOW-UP APPOINTMENT** (dd/mm/yyyy)

d	d	-	m	m	-	y	y	y	y
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## 11.2 DISEASE STATUS

1. Is patient on dialysis? ☐ No ☐ Yes → *If dialysis was started or stopped since patient's last trial visit please enter date:*

d	d	m	m	y	y	y	y
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2. Is the patient on anti-myeloma therapy for active disease? ☐ No ☐ Yes  
 ↓  
 If Yes was therapy commenced after trial induction therapy? ☐ No ☐ Yes

4. Please give details of all anti-myeloma treatment for active disease given since the one month follow-up (continue on additional information CRF, if required)	Start date (dd/mm/yyyy)	Stop date (dd/mm/yyyy)

## 11.3 PERFORMANCE STATUS:

ECOG performance status: 0 ☐ 1 ☐ 2 ☐ 3 ☐ 4 ☐

Completed by:  
(Print)

*CRFs should only be completed by appropriately qualified personnel detailed on the site delegation log*

Signature:

Date completed (ddmmyyyy):

D	D	M	M	Y	Y	Y	Y

For Office use only

Date form received: \_\_\_\_\_ Date form entered: \_\_\_\_\_ Initials: \_\_\_\_\_

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Page 2 of 3

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## 11.4 CLINICAL ASSESSMENT:

Patient's general condition:

☐

Improving

☐

Stable

☐

Worsening

## 11.5 Has the patient been an inpatient in hospital since the last trial visit

☐

No

☐

Yes



Please give the admission & discharge dates for each hospital episode below starting with the most recent. If there has been more than 5 admissions, please continue on an Additional Information Form

Reason for Admission	Admission date (ddmm/yyyy)	Discharge date (ddmm/yyyy)

If there have been more than 5 admissions, please continue on an Additional Information form

## 11.6 LOCAL laboratory Test Results (please provide most recent local results)

1. Creatinine

Date of this sample (dd/mm/yyyy)

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Result

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 $\mu\text{mol/L}$ 

2. eGFR for this trial visit:

Date of this sample (dd/mm/yyyy)

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Result

<input type="checkbox"/> >50ml/min	<input type="checkbox"/> 20-50ml/min	<input type="checkbox"/> <20ml/min
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Completed by:  
(Print)

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Signature:

Date completed (ddmm/yyyy):

D	D	M	M	Y	Y	Y	Y

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Page 3 of 3

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## 11.7 Have any Adverse Events or Adverse Reactions occurred since last trial follow-up?

No ☐ Yes ☐ If yes please complete section 11.8 (AE) and/or 11.9 (AR).

AE & AR key:

**Severity Scale:** 1=Mild, 2=Moderate, 3=Severe.

**Outcome:** 1=Resolved no sequelae, 2=Resolved with sequelae, 3=Death, 4=Continuing, 5=Not known.

## 11.8 Adverse Events (please use one line per AE)

AE Description	CTCAE Grade	Date (dd/mm/yyyy)	Ongoing Y/N	Severity	Outcome																
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## 11.9 Adverse Reactions (please use one line per AR)

AR Description	CTCAE Grade	Date (dd/mm/yyyy)	Ongoing Y/N	Severity	Outcome																
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(Print)

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D D M M Y Y Y Y

Signature:

Date completed (ddmmyyy):

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Date form received: \_\_\_\_\_ Date form entered: \_\_\_\_\_ Initials: \_\_\_\_\_

## **Completion Guidelines for CRF 11 - 12 Month Follow-up Form**

### **12.1 DATE OF FOLLOW-UP APPOINTMENT:**

Please provide the date the patient attended for their scheduled 12 month follow-up for OPTIMAL

### **12.2 DISEASE STATUS:**

Please indicate the status which best describes the patient 12 months on from starting their trial treatment

### **8.5 LOCAL HAEMATOLOGY & BIOCHEMISTRY:**

Please insert the results for the local haematology and biochemistry results nearest to this time point